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WHERE ARE WE GOING?

One World ■ One Humanity ■ One Wisdom-Consciousness

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In gratitude and deep love.

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I The One Reality

All is one.

The One inseparable Reality is without a name and contains simultaneously all the names - immanent and transcendent. Seen in absolute perspective it is without any attributes. Expressing itself without a tone, colour and form, the One Reality vibrates in millions of different attributes in inseparable Unity.

The nature of the One Reality is fundamentally egoless. Universes, galaxies, the sun and the moon, all the planets and beings, all the plants and animals, as well as humans are an inseparable part of the One Reality.

It is alone through the dynamic of love that the dance of all frequencies is made possible. The whole world, all the universes - from the biggest to the smallest - vibrate in absolute stillness in and through it as the One inseparable Reality.

II Evolution

Involution and evolution are causal.

The beginning of all the universes, the why and how is hidden from any understanding and realizing. It is part of the Not-Knowing, the Big Mystery of creation.

The evolution of our earth unfolds in one direction: the manifesting forms increase in complexity and depth of consciousness. That is how the lifeless matter became the first life - from the living organisms emerged human beings holding the gift of self-reflection. And now a further evolutionary step awaits us: the becoming conscious of all human beings.

In and through the entire evolutionary process the fundamental principle of goodness rules. It is mirrored in the friendliness of life itself.

In the evolutionary dynamic of our time, the human being is the focal point, specifically his awakening.

It is the one conscious step leaving the myth of separation behind, leading into the One inseparable Reality. The caterpillar becomes a butterfly.

Once this evolutionary step into being consciously human has been taken, humanity itself will shape the understanding of the inseparable Oneness as a whole in the service of everybody and everything all at once. Through that a New Culture is able to emerge: Heaven on Earth.

III Cosmos

The Earth is part of our solar system. It has a unique tone within the universe as any other star has too. Like a blue-white pearl our earth is shining in a specific way in the endless wideness of the universe.

Our solar system is part of a bigger whole. It belongs to one, among billions of further galaxies.

In the universe everything is inseparably connected to all there is. In the dynamic of constant change, our universe expands itself constantly in unmeasurable speed.

In the cosmos many universes exist at the same time.

Seen from this perspective our earth is completely unimportant. And at the same time it is very precious.

As everything has an inseparable impact on everything, the now occurring shift in consciousness of the human beings into Oneness, is a cosmic affair.

Within the Great Stillness, within our cosmos, on our earth, something begins to light up in a new way: the hearts of the human beings. The awakening of humanity is like a dawn for all that exists.

It is a pure act of grace.

IV Human beings

We human beings are a relative young species on earth.

We have a moving history behind us; a history that has been mostly imprinted through the myth of separation.

Any form of separation creates anxiousness.

The outward happenings in the world, created by human beings, mirror the inner consciousness of the entire humanity.

Today we live in a special time.

For the first time in human history it has become possible to look at the earth as a whole from the perspective of the universe.

For the first time in human history, more than 7 billion human beings are able to communicate with each other.

For the first time in human history, a shift in consciousness is happening that calls us all.

For the first time in human history, we feel more and more as an inseparable whole.

V To be a conscious human being

Who am I? Who are we? Where do we come from and where are we going? What is the One Reality, without a name, unnameable and inseparable? And how can we create on our earth a world in harmony, with all there is?

Conscious human beingness circles around those questions like a falcon around an ancient tower.

In order to understand human beingness in its depth, to experience it as such and live it beyond any words, many paths of all kinds of spiritual traditions are available to us today.

They all contribute in different ways and manners to the whole.

Truthfully, in earnest and in self-responsibility - following the joy of the heart - we walk our pathless path.

The awakening itself is always an act of grace.

The task of the human being is to surrender completely.

Conscious human beingness is now - right now - from moment to moment - always new.

Conscious human beingness is to love without limitation.

Conscious human beingness is a way of life, where being and becoming dance in simplicity and beauty, in oneness.

Conscious human beingness in itself is free, to serve in freedom and creatively the Highest - the One inseparable Reality.

Conscious human beingness recognizes the unique gift of the self as being part of the whole. It expresses itself always in pure delight.

Direct knowing and with it a self-transcending spirituality - that is itself All-love in and through everything self - shining in the heart of the heart as everybody and all at once - will form one day the root of a conscious humanity.

VI Humanity

In the awareness from moment to moment the One Reality is inherently shining through the open heart of the human beings.

The power of Now can in this way shine, without any hindrance. It loves most deeply everything that is.

In the awareness of the Now any seeming separation is resolved. Beyond time and space - including them at the same moment - is everybody all at once.

Humanity has now the comprehension as an inseparable, collectively individualized unity. Every human being feels the whole humanity and all that is within himself.

It is the power of love that resonates in and through the hearts of the hearts in its highly dynamic inherent Self-Nature of All-Oneness, in resonance with all that is.

Analogue to the power of the Now, the unified power of consciousness of humanity can now be effectively co-creative.

This is a wisdom-love-power never seen before, highly dynamic, creative, divine, serving alone the well being of the totality.

The worldwide problems and challenges we face today are in this manner solvable.

VII In transition

Our world is in transition. Out of over 7 billion human beings, 3 billion live in poverty. Child labour, prostitution, exploitation, violence, war, hunger, restrictions in water and resources, i.a. are an expression of ignorance, greed and hate. They all have their roots in a separate self- and worldview.

The heart, that is inherently one with everybody all at once, feels everything as part of its own Self in the heart of the hearts.

Out of that a single heart-wish emerges: May all living beings be happy.

And:

May be peace on earth. May all living beings live in dignity.
May all living beings be able to overcome illness as such.

May all living human beings rise their frequency of consciousness in such a way that death of the body may be transformed one day.ⁱ

May now all living human beings in and out of the shining consciousness-love from moment to moment creatively, in synergetic cooperation contribute to the harmony of totality.

The future starts now! Our thoughts and feelings create it. Heaven on Earth is possible. It is not an utopia, but the next evolutionary step.

The smallest gesture to the highest deed, each breath in absolute silence - everything - everything - strives in this light towards the inseparable only One.

VIII Seeing the beauty

The earth is beautiful.

The passing clouds in the sky are beautiful.

The silvery moonlight in the midst of the dark night is beautiful.

Human beings are beautiful.

The leap of a gazelle is beautiful.

The glittering of a fir needle at dawn is beautiful.

The beady-eyes of a small mouse are beautiful.

Beauty is above and below,

behind and in the front,

beauty is everywhere - I see the pure land.

Our feeling awareness creates the world. It embraces both poles - the beautiful and the ugly - and at the same time sees the deeper beauty of our earth, even of the whole cosmos itself, always anew, now.

This heartsight sees all living beings in the light of love. It sees without judging how human beings afflict pain to each other, how many human beings try to be a “good” human being, contributing something to the whole;

it sees the small gestures and the big ones, how they act together in inseparable oneness, deepening its consciousness, also struggling, but more and more relaxing into pure awake being now. The awakening is happening. In it lies a brilliant lightness and at the same time a most powerful beauty.

The night sky full of stars is beautiful.

The sputtering of a mountain stream is beautiful.

The perfume of the freshly baked pita bread is delicious and beautiful.

The rock there is beautiful.

Each snowflake is beautiful.

The eye of an elephant is beautiful.

The falling of a maple leaf in fall is beautiful.

The earth is beautiful.

The beauty reflects the Self of Self, the One inseparable Reality.

If we are many who “understand” - a good third of humanity; analogous to the golden cut - the spark will enlighten the whole.

IX The vision of a New Earth

When everything is silent, utterly silent in a human being, perhaps only for a few moments, it can reveal itself, new again and again: The next step in one's own life and in the cooperation of all, that' s always serving the wellbeing of the totality.

Resting in Not-Knowing the spaceless space that knows reveals itself. Brilliant shining love in absolute silence enlightens all in inseparable Oneness.

Hidden in it rests the vision of a New Earth. It is the next evolutionary step that wants to be recognised and manifested now.

The vision of a New Earth dwells in the heart of each human being. Now in harmony with all there is - we have access to that vision.

Inherent, there is a primal knowledge, which knows about the higher order of harmony, that recognises the fundamental laws of the universe and life itself; that knows precisely what serves the well being of all and what has destructive effects; which - when completely allowed loves in endless tenderness and co-creates therefore in a most powerful way.

The vision of a New Earth starts in the heart of the human being. We “dream” the New Earth. If we are many human beings who are attuned to it, the becoming receives momentum.

In essence, each human heart has a similar image of a New Earth within itself. Our longing for it comes from the source the One inseparable Reality. In the longing itself the blueprint of it is already born.

What do you wish from the depth of your heart for a New Earth?

For manifestation, crystal clear images are needed. They emerge in a relaxed way and vibrate in the love for all and everything, Now. In addition a concrete contribution of every single human being is necessary, within the new dance of the whole. And - it needs miracles.

X We need miracles

Our actual world problems can be solved neither by a single country or continent, one religion or race, by scientific knowledge alone, nor the finest mix of technology. Before the different religions, cultures, countries, races, ideologies, concepts and images, etc. is Prior Unity before all diversity.

The well-known proceedings, which are all rooted in separateness, don't work anymore.

That is why the actual world nowadays does not know its next step and in which direction to go.

In order to create heaven on earth, we need miracles.ⁱⁱ

All that has been developed is still available for the totality of humanity. Beyond it there is a call to discover wonders:

The miracle of the cosmic intelligence

The miracle of our planet Earth

The miracle in the seed of a tree

The miracle how wales sing together

The miracle of a child growing in mother's womb

The miracle of water being a field of information

The miracle of the human beingness

The miracle how a bush dances in the wind

The miracle of I AM

The miracles allow us to be in awe. In awe we are self-forgotten - united with the One inseparable Reality.

From this miracles can happen:

How? I don't know exactly.

When? At the right time.

Where? At the right place.

Why? Out of love.

And what is asked from us as human beings so that miracles are possible?

- The all-inclusive love for all there is
- To surrender to That which has no name
- Being present in the now
- The readiness to gift, offer and serve
- Simplicity
- Truthfulness

and joy to dance together life in nothingness.

XI Appreciation

Appreciation is a unifying, evolutionary power in the human dimension.

So say every day from the heart space:

I love, honour, respect and appreciate my soul, my spirit and my body from my deepest heart.

I love, honour, respect and appreciate the uniqueness of every being, as impersonal-personal expression of the One inseparable Reality.

I love, honour, respect and appreciate the whole humanity, each soul and all that is.

I love, honour, respect and appreciate you.

Through the deep appreciation of one's own being - and therewith all beings - the five main wounds of humanity can heal. These are: depression, denial, shame, repulsion and guilt. They all have their source in the primordial wound of separation.

Deep appreciation relaxes self-tension.

Deep appreciation gives space to the soul, to follow directly its purpose.

Deep appreciation makes it possible for the collective to take the next evolutionary step.

Deep appreciation is a doorway to discover the brilliance of human beingness, in its finest detail as well as in its totality.

Deep appreciation is the base for a new cooperative togetherness (culture): respecting uniqueness of every being, every culture, every nation, i.a.; celebrating Oneness before any diversity appeared.

XII A New Earthⁱⁱⁱ

A New Earth can only emerge on the ground of the brilliant, pure consciousness-love, which includes everybody all at once.

A New Earth is not really new and at the same time it is fundamentally new. The new is paradox and multidimensional. It includes and transcends all that has been until now.

A New Earth understands itself as a modification of the One inseparable Reality. Inherent in it, is a self-organizing, self-correcting and self-regenerating intelligence.^{iv}

A New Earth cooperates with that intelligence for the first time consciously through the awake presence of human beings.

Humanity understands itself as the conscious-creative principle of the New Earth.

It is now able to assume fully its unique role of being consciously human.

With joy and creativity they co-create the New Earth in accordance and harmony with all there is.

It understands the power of love that is able to move mountains, and brings it into action for the good of all beings.

It understands the three levels of existence and knows how to co-create, being in touch through and with the present field of all possibilities.

It knows about the law of abundance which expresses itself in stunning beauty, simplicity and graceful complexity.

It lives in a new cooperation in the flow of conscious beingness from where all becoming emerges in perfect synergy.

It cooperates on all levels with all human beings, plants, animals, mother earth, all beings and even the whole cosmos by „communio“ - it is oneness-being.

Universal Spirituality and universal cooperation^v are doorways for a New Earth.

XIII A dance in Nothingness

And when - please - should all that happen? When? I don't know.

On the one hand it depends on you and me, on all of us human beings, for each conscious step, now.

The more we are able to love without limitation as the One heart, the more it becomes probable that a New Earth may manifest.

On the other hand we just don't know. There is always the Hidden Mystery, the One inseparable Reality, which acausally, inherently creates marvellously in luminous consciousness love out of itself.

And - there is no doubt - within space and time - the dawn is noticeable. A new day in the history of humanity has begun. Until it will be visible for all human beings, it still might take 2 - 3 generations - and maybe not!

A New Earth - heaven on earth - is it something real? Yes, of course! It is the next evolutionary step here on earth as part of a cosmic whole.

And still - is it real? What is really Reality? May it be that all is simply a dance in nothingness.

Nothing in Nothingness in Nothingness ...

List of references

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- iii cf. Eckart Tolle: A New Earth, Plume, Reprint 2008
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- v cf. Annette Kaiser: „Eine Welt Eine Menschheit Ein Bewusstsein: Grundlagen einer universellen Spiritualität“, Aquamarin 2016

Annette Kaiser is a spiritual teacher and the spiritual director of „Villa Unspunnen“ (Switzerland) and „Windschnur“ (Germany).

She has a particular devotion to transconfessional and transcultural spirituality, which implies an open aware state-of-being as the natural expression of an integral way of living. This way is leading into Universal Spirituality and Universal Cooperation as Not-Two. To her, the 21st century represents a challenge to humanity to understand themselves and to become creative out of collective wisdom. (www.villaunspunnen.ch)

